If it's not a "HELL YES", then it's a conversation.



Consent is specific.

Saying yes to one act does not mean you agree to another. Changing your mind halfway through is ok. If you agree to sex with a condom, and your partner removes it without telling you, it's sexual assault.

Consent is about capacity.
You have to be able to consent.
If someone is asleep, too high or drunk to be able to talk normally, or to remember what they're doing, they cannot consent.





Consent has to be freely given. If you are scared, threatened, or blackmailed, you cannot consent.

If you're concerned about what happened, or worried that something might happen, get in touch.

We're here for you.



galop.org.uk



advice@galop.org.uk



0800 999 5428





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Consent applies online like in real life. It is not OK to send someone any sexual content without their explicit consent Filming someone without their consent is also wrong.

Sharing nudes of anyone under the age of 18 is illegal, even if they're your own selfies.

No matter who you are, who you love, where you were, or what you were doing, if someone didn't respect your consent, you are never to blame.



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